

# ADMIRALS CLUB® DINING



## MORNING FARE

Hot Breakfast Sandwich	4.99
Fresh Fruit Cup	4.99
Steel Cut Oatmeal	4.99
<i>Served with brown sugar, dried fruit and nut medley</i>	
Bagel and Cream Cheese	3.50
Cereal with Milk	3.79
<i>ask about our wholesome hot and cold selections</i>	
100% Juice Smoothies	3.99
Gluten Free Fruit and Nut Bars	2.29

## ALL DAY FARE



### SALADS 10.50

#### Harvest Cobb Salad

*Mixed greens topped with crisp bacon, roast turkey, crisp apples, sharp cheddar cheese, dried cranberries and toasted walnuts with raspberry vinaigrette*

*Calories: 600 Total Fat: 37g Saturated Fat: 14g Trans Fat: 0g Cholesterol: 90mg Sodium: 1240mg Carbohydrate: 35g Sugar: 22g Fiber: 5g Protein: 34g*

#### Apple, Cheddar and Walnut Salad

*Fresh spring mix tossed with dried cranberries, toasted walnuts, cheddar, crisp apples and Dijon cider dressing*

*Calories: 500 Total Fat: 34g Saturated Fat: 9g Trans Fat: 0g Cholesterol: 30mg Sodium: 610mg Carbohydrate: 43g Sugar: 31g Fiber: 8g Protein: 14g*

#### Petite Club Salad 7.99

*Mixed greens with cucumbers, tomatoes and shredded carrots topped with sherry vinaigrette*

*Calories: 340 Total Fat: 23g Saturated Fat: 3.5g Trans Fat: 0g Cholesterol: 0mg Sodium: 340mg Carbohydrate: 28g Sugar: 3g Fiber: 2g Protein: 6g*

### SANDWICHES

*Enjoy these grill-pressed to order.\**

*Offered with chips and a pickle.*



#### Turkey Florentine Panini\*

*Roast turkey breast, melted Swiss cheese, fresh spinach and honey mustard on grilled panini bread*

*Calories: 780 Total Fat: 42g Saturated Fat: 19g Trans Fat: 0g Cholesterol: 120mg Sodium: 1970mg Carbohydrate: 48g Sugar: 5g Fiber: 2g Protein: 50g*

#### Chicken Italiano\*

*Grilled chicken, fresh mozzarella, spinach, roasted red peppers and basil pine nut pesto on griddled panini bread*

*Calories: 710 Total Fat: 32g Saturated Fat: 9g Trans Fat: 0g Cholesterol: 85mg Sodium: 1980mg Carbohydrate: 67g Sugar: 1g Fiber: 1g Protein: 40g*

### QUESADILLAS

*Served with sour cream, guacamole, pico de gallo and tri-colored tortilla chips*

Cheese	8.99
Cilantro Chicken	9.99

#### The Club Special

*Ask about our seasonal specials offered throughout the year!*

#### HEALTHY CHOICE

HEALTHY CHOICE RECOMMENDATION  
SUITABLE FOR MOST DIETS.

*For more information on our Wellness Program, please visit [www.yourhealthyourwayonline.com](http://www.yourhealthyourwayonline.com).*

# ADMIRALS CLUB® DINING



## HOT & SAVORY

Today's Soup	5.49
<i>A perfect addition to any meal or hearty enough to curb your hunger</i>	
Half Panini & Soup	9.99

## ALL DAY FARE

### Small Bites

Seasonal Fruit and Cheese	7.50
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### Snack Bites

Savory Snacks 	3.99
Seasonal Sweet Treat	2.99

### Sips & Chips

Mineral Water	3.50
Bottled Water	2.29
Chips	2.29



### CLUB CHOICE, by the glass

*Ask your server about our complimentary selections  
of wine, spirits and beer.*

### PREMIUM CHOICE

#### SPIRITS

<i>We offer a full line of premium pours</i>	9.00
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#### WHITE WINE, by the glass

Jargon, Chardonnay <i>(California)</i>	9.50
Bollini, Pinot Grigio <i>(Trentino, Italy)</i>	9.50
SeaGlass, Sauvignon Blanc <i>(Santa Barbara, California)</i>	9.50
Napa Cellars, Chardonnay <i>(California)</i>	12.00

#### RED WINE, by the glass

Kenwood Vineyards, Pinot Noir <i>(Russian River, California)</i>	9.50
Terrazas de los Andes, Malbec <i>(Mendoza, Argentina)</i>	9.50
The Show, Cabernet Sauvignon <i>(California)</i>	9.50
Joel Gott 815, Cabernet Sauvignon <i>(California)</i>	12.00

*We offer a more extensive wine selection.  
Please ask your server.*

#### SPARKLING Split

Chandon Brut Classic 	14.00
<i>(California)</i>	

#### BEER

Premium Domestic/Craft	7.00
Imported	8.00

\*Tax Not Included